Stop Bleeding Herbs

Sub-Category 1: Astringe
(red slides = 4)
Sub-Category 2: Cool Blood
(orange slides = 6)
Sub-Category 3: Remove Stasis
(purple slides = 3)
Sub-Category 4: Warm Meridians
(yellow slides = 1)
Stop Bleeding Herbs

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Sub-Category 2: Cool Blood
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Sub-Category 4: Warm Meridians
(yellow slides = 1)
1. Restrains xue loss, stops bleeding, 2. alleviates diarrhea & dysentery, 3. treats xue xu, exhaustion d/t overstrain, cancer & anemia, 4. kills parasites: trichomoniasis & tapeworm, also topically for carbuncles etc.
Bai Ji

1. Restrains xue loss, stops bleeding, TB, good for LU, 2. reduces swelling, generates flesh, topical use for burns, sores, etc., internally for chronic non-healing GI ulcers.
Xue Yu Tan (Charred Human Hair)

1. Restrains xue loss, stops bleeding, removes xue yu, 2. promotes urination. 3. xue lin.
1. Restrains xue loss, stops bleeding, esp UT.
Ou Jie

1. Restrains xue loss, stops bleeding,
2. Pediatrics, cough with blood.
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Sub-Category 3: Remove Stasis
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Sub-Category 4: Warm Meridians
(yellow slides = 1)
1. Cools xue, stops bleeding, reckless mvt of hot xue, 2. reduces swelling, relieves toxicity, crush fresh herb for topical use. 3. xue lin
1. Cools xue, stops bleeding, reckless mvt of hot xue, 2. reduces swelling, relieves toxicity, 3. promotes urination, xue lin.
Di Yu

1. Cools xue, stops bleeding, LI D-H, hemorrhoids. 2. clears LV fire. **Note:** often paired with Di Yu
Ce Bai Ye

Bai Mao Gen

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San Qi

1. Stops bleeding, trauma, transforms stasis, 2. reduces swelling, alleviates pain, herb of choice for traumatic injury,, chest & abd pain, joint pain d/t xue yu, modern use for cardio & cerebral vascular dz, chest bi, angina. **Note:** can be taken directly as a powder. **Note:** Pair with Dan Shen for HT
1. Cools xue (esp charred), transforms stasis, stops bleeding incl reckless mvt of hot xue, 2. invigorates xue to dispel stasis, pain d/t xue yu esp chest & flanks, also trauma and joint pain.
Pu Huang

1. Stops bleeding due to stasis, esp trauma, 2. invigorates xue, dispels xue yu, esp menstrual & post-partum, 3. promotes urination, PUD (xue lin).
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Sub-Category 4: Warm Meridians
(yellow slides = 2)
Pao Jiang

Ai Ye

1. Warms meridians, stops bleeding, warms MJ,
2. regulates menses, alleviates pain, calms fetus,
3. topically resolves D, stops itching.
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