Downward Draining Herbs

Sub-Category 1: Moist Laxatives
   (pale slides = 2)
Sub-Category 2: Purgatives
   (medium slides = 4)
Sub-Category 3: Harsh Expellants
   (dark slides = 5)
Downward Draining Herbs

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(pale slides = 2)

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(dark slides = 5)
Huo Ma Ren

1. Moistens intestines, nourishes yin, 2. treats hair loss
Yu Li Ren

1. Moistens intestines, unblocks bowel
2. Promotes urination, reduces edema
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Da Huang (Rhubarb root)

1. Strongly purges accumulations,
2. drains D-H, jaundice, PUD, 3. clears H, drains fire, stops bleeding, 4. invigorates xue, dispels stasis, 5. clears toxic H
Mang Xiao (Mirabilite)

1. Purges accumulations, softens hardness  
2. clears H, reduces swelling
Fan Xie Ye (Senna leaf)

1. Drains downward, guides out yu, acute or chronic constipation, also ascites.
Lu Hui (Aloe)

1. Purges downward especially associated with H,
2. clears LV fire, 3. kills parasites
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  (pale slides = 2)
Sub-Category 2: Purgatives
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Sub-Category 3: Harsh Expellants
  (dark slides = 5)
1. Drains water downward, drives out congested fluid, 2. reduces swelling, dissipates nodules. 

**Note:** Incompatible with Gan Cao. **Note:** cc. Pregnancy.
1. Drains water downward, drives out congested fluid,  
2. kills parasites (topical use for ringworm). **Note:** Incompatible with Gan Cao. **Note:** cc. Pregnancy
Ba Dou

1. Vigorously purges cold accumulations, 2. drives out water, reduces edema, 3. Bursts clogged P, benefits throat, 4. promotes abscess healing. **Note:** cc. Pregnancy. **Note:** Antagonist to Qian Nui Zi
Qian Niu Zi

1. Purges downward, promotes diuresis, 2. redirects LU qi, eliminates P, 3. reduces yu, purges constipation, 4. kills parasites. **Note:** cc. Pregnancy. **Note:** Antagonist to Ba Dou
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