

Sea	Points	Deficiency	Excess
Qi	ST 9, DU 14, Du 15, Ren 17	Very low energy, not even enough to speak	Fullness in the chest, urgent breathing, ruddy complexion
Marrow	DU 20, Du 16	Dizziness, tinnitus, lower leg pain, blurred vision, desire to sleep & indolence	Lightness of the body, high levels of strength and personal excess
Blood	BL 11, ST 37, 39	Sensation as if the body were small, feelings of being reduced	Sensation as if the body were big accompanied by feelings of agitation & disquiet
		In both cases: Inability to pinpoint the medical issue	
Water & Grain	ST 30, 36	Hunger & inability to eat	Abdominal fullness