

Name	Category		Name	Category	
Ding Xiang	Warm Interior	Plus	Yu Jin	Invigorate Xue	<b>Traditional</b>
Ren Shen	Tonify Qi	Plus	Wu Ling Zhi	Invigorate Xue	
Rou Gui	Warm Interior	Plus	Chi Shi Zhi	Stabilize & Bind, LU & LI	
Lui Huang	External Application	Plus	Pu Xiao	Purgative (External use only)	
Shui Yin (Hydrargyrum = Mercury)	External Application	Plus	Pi Shuang (Arsenolite = As <sub>2</sub> O <sub>3</sub> )	External Application	
Lang Du	External Application	Plus	Mi Tuo Seng	External Application	
Ba Dou	Harsh Expellant	Plus	Qian Niu Zi	Harsh Expellant	
Ya Xiao	External Application	Plus	San Leng	Invigorate Xue	
Chuan Wu / Cao Wu / Wo Tou	Warm Interior	Plus	Xi Jiao	Clear Heat, Cool Xue	
Ma Qian Zi	External Application	Plus	She Xiang	Open Orifices	
Ma Qian Zi	External Application	Plus	Yan Hu Suo	Invigorate Xue	
Shan Dou Gen	Clear Heat, Relieve Toxicity	Plus	Ku Shen	Clear Heat, Dry Damp	