

Channel		Pathologies	Starts	Ends	Point
LU	3 Hand Yin	Pain & cramps. Costal tension, spitting of blood.	1st finger LU-11	Chest	GB-22
PC		Cramps & strains. Chest pain & 'urgent' breathing.	3rd finger PC-9		
HT		Pain, cramps, strains. Accumulation below the HT, chest tightness	5th finger HT-9		
SP	3 Leg Yin	Pain & cramps, strain in leg, toes, med malleolus, knee & thigh. Groin pain radiating to navel, costal area, chest and spine.	1st toe SP-1	Groin & Genital Region	Ren-3
LV		Pain & cramps, strain in leg, toes, med malleolus, knee & thigh. Genital dysfunction.	1st toe LV-1		
KI		Cramps in sole of foot, epileptic convulsions & spasms. Inability to flex lumbar spine forward (yang) or backward (yin).	5th toe KI-1		
LI	3 Hand Yang	Pain & cramps. Frozen shoulder, neck stiffness ad inability to turn head.	2nd finger LI-1	Forehead	GB-13
SJ		Pain & cramps. Curled tongue.	4th finger SJ-1		
SI		Pain, strain and cramps from 5 th digit along arm to posterior armpit. Scapular pain, tinnitus, neck tension.	5th finger SI-1		
ST	3 Foot Yang	Strains & cramps of foot and leg. Inguinal and abdominal muscular pain to ST-12. Sudden deviation of the mouth. Inability to open or close eyes.	2nd,3rd,4th toes ST-45	Eyes & Face	ST-3 & SI-18
GB		Pain & cramps, strain in leg, 4 th toe, lat malleolus, knee & ant thigh. Spasms in sacrum radiating into costal area and sides of neck.	4th toe GB-44		
BL		Strain, cramps of 5 th toe, heel swelling, spasms in back of knee. Opisthotonos, neck and shoulder tension, pain and strain.	5th toe BL-67		