

| Yin/Yang | Point  | Window of Sky Location   | Window of Sky Indications   |
|----------|--------|--|---|
| YIN      | LU-3   | lateral aspect of upper arm, 3 cun inferior to axillary fold & 6 cun superior to LU-5 in the depression between biceps and humerus | disharmony between head and body Qi, rebellious LU Qi, clears Yang rising to head   |
|          | PC-1   | 1.0 cun lateral and superior to ST-17 (nipple) in the 4th intercostal space, 5.0 cun lateral to Ren channel                        | rebellious LU Qi, mostly shi presentations, cough with phlegm, fullness of chest, shortness of breath, headache   |
| YANG     | LI-18  | lateral to sternal head of SCM, level with laryngeal prominence  | sore throat, sudden loss of voice, difficulty in swallowing, cough, wheezing, asthma, hypotension   |
|          | ST-9   | level with laryngeal prominence in depression anterior to SCM  | headache, dizziness, hypertension, fullness of chest, shortness of breath, asthma, cough, wheezing, vomiting, sudden turmoil disorder   |
|          | SJ-16  | on posterior border of SCM, 1 cun inferior to GB-12 @ level of mandibular angle  | deafness, rhinitis with epistaxis, dizziness, headache, painful throat obstruction, stiffness and pain in neck  |
|          | BL-10  | 2.5 cun inferior to BL-9 1.3 cun lateral to DU-15 on lateral aspect of trapezius   | dizziness, heaviness of head, headache, stiff neck, nasal congestion  |
|          | SI-17  | in depression between angle of mandible and anterior border of SCM   | painful thorat obstruction, sore throat, fullness of chest, difficulty in breathing, cough, asthma, wheezing, tinnitus and deafness, shoulder pain                                    |
|          | SI-16  | on posterior border of SCM, level with laryngeal prominence  | deafness, tinnitus, ear pain, loss of voice, sore throat, headache, stiffness and pain in neck and shoulder pain radiating to neck  |
| YIN      | Ren-22 | on midline, 0.5 cun superior to suprasternal notch in suprasternal fossa   | obstruction of chest, fullness of chest, shortness of breath, HT pain, rebellious Qi, asthma, LU abscess with discharge, throat phlegm, throat ulceration, sore throat, loss of voice |
| YANG     | Du-16  | middle of nape of neck in depression immediately inferior to external occipital protuberance                                       | aversion to cold, sore throat, headache, dizziness, epistaxis, loss of voice, difficulty in breathing, neck pain, all manifestations of wind attack and injury                        |