



How to tie your belt



1. Find the middle of the belt and place it on your waist
2. Wrap the belt around your body



3. Cross the belt behind your back
4. Bring the free ends back around to the front



5. Take one end of the belt and pass it under both parts
6. Take up the slack



7. Make a loop and pass one end through the loop
8. Take up the slack and pull into a square knot (see detail on the next pages)







Note that the
knot goes
sideways