

Third Pathway Professional Coaching Services



Is Coaching For YOU?

“Our chief want in life is someone who will make us do what we can do”
Ralph Waldo Emerson

If there is one thing that top performers in sports and the arts have in common with many business executives and leaders, it is that they have a coach. Top performers use coaches to help them live their dreams and live life to the fullest.

So how about you?

What would it mean to you to bring your dreams alive? What would it mean to you to play the game of life having unleashed your full potential?

Below are some questions to see how ready you might be to live life at its fullest.

On a scale from 1 to 10, rate each of the following statements, where 1 = not at all agree, and 10 = totally agree. (If the question does not apply to you, score it at 5).

- _____ I am ready to create more balance in my life
- _____ I am ready to improve my personal and business relationships
- _____ I am ready to make real and positive changes in my life
- _____ I am ready and willing to overcome self-limiting behaviors
- _____ I am ready to take action to achieve my goals
- _____ I am ready to achieve a sense of fulfillment at work and in life
- _____ I am ready for more fun and enjoyment in life
- _____ I'd like to work less and make more
- _____ I can benefit from someone who will help me to stay on track

My Total Score = _____

What does your score mean?

Under 30: Coaching is not for you, for now.

Between 31 and 59: Coaching could help you look at life from a different perspective, and coaching could help you develop a plan that would help you get from where you are to where you might want to be. If you choose to work with a coach, it will be necessary to commit to yourself and be determined to take action for your own benefit. If you do not make the commitment, you will not make life-changing improvements.

Over 60: You are ready for a coach. You are willing to discover your fullest potential and you are willing to do whatever it takes to create the life you deserve and desire.

If you are ready to work with a coach, please contact me at chris@thirdpathway.com or 662 769 5522.

