

Traditional Chinese Medicine and Models of Health Care
University of Wyoming Honors College
Fall 2019
Assignments for HP 4152-05

INSTRUCTOR INFORMATION

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| Instructor: | Chris Dewey PhD, MAcOM, LAc, DipOM |
| Class Meetings: | Tuesday, 6:30 till 9:00 p.m., Guthrie House Room 106 |
| E-Mail: | chris@thirdpathway.com |
| Office Hours: | Before and after class, and by appointment |
| Phone: | (662) 769-5522 |

Some initial thoughts:

1. Except when working together in groups, your work is to be independent.
2. All work must be submitted according to the instructions on the syllabus.
3. Handwritten work will only be accepted for the SOAP notes in assignments 5a, 5b, and 6.
4. Apart from assignment 5b (which will be collected at the end of class), you may scan in the SOAP notes for assignments 5a & 6. If you are unable to scan the documents, I will accept the originals at the beginning of the class on the due date.
5. When writing personal reflections, it is appropriate to use the first person. When presenting a scientific or philosophical argument, use the third person.
6. Use APA guidelines for citations within your narrative documents and for the reference list at the end of your documents. (Make sure to go back through the document and ensure that you have given the full citation in the reference list for each citation in the text, and that there are no citations in the reference list that were not used in the body of your document. It's a two-way check).
7. If you have any questions concerning any aspect of what I expect in your assignments, do not hesitate to ask me...I am here to facilitate your success.

Assignment #1 Student position on health care paradigms in U.S. clinical practice (Due: 9/17/19)

1. Develop and defend an argument in which you state your position with respect to the current state of the health industry and clinical practice in the U.S.
2. You may cite:
 - a. Personal experiences of involving interactions with the health industry.
 - b. Interviews with family members or friends.
 - c. Relevant literature from the Medical and Political journals.
3. Ensure that you:
 - a. Have a clear: Introduction, Body and Conclusion, with appropriate sub-headings.
 - b. Introduce the thesis of your argument as a clear statement that you will defend.
 - c. Provide a carefully reasoned case supporting your position.
 - d. Present any data that might exist against your argument.
 - e. Present a reasoned conclusion.

- f. Avoid rhetoric and unsupported 'facts'.
- g. Support all data with relevant dates, locations, and/or accurate citations.
- h. You may change the names of personal sources, so as not to give personally identifying data, unless you are referring to yourself.

Assignment #2 Student Reflection on Assumptions, Interpretations and Limiting Beliefs (Due 10/1/19)

1. Consider and discuss what personal assumptions you have surrounding models of health care and expectations you might have concerning the types, quality and costs of service within the industry.
2. Examine how your interpretations might color your views concerning what you think you know about the health care options that are available to you.
3. Lastly, comment upon how your familial, ethnic, religious, spiritual, societal, educational, financial, political and cultural background and experiences create limiting beliefs about 'medicine' and what constitutes 'health care'.
4. The assignment is an entirely personal perspective; therefore, citations are not necessary.
5. Be sure to support your arguments with examples from your own life experiences.
6. The essay is about you, so remember to keep it focused tightly around your own awareness of self. Be honest with yourself!

Assignment #3 Specific Meridian Topic Eastern and Western data (Due: 11/5/19)

1. Select one of the main acupuncture meridians: LU, LI, ST, SP, HT, SI, BL, KI, PC, SJ, GB, LV, Du or Ren and discuss the main trajectory, significant points and energetics of the meridian.
2. Compare and contrast the Eastern model for treating specific ailments associated with the meridian of choice and how Western medicine would approach similar ailments.
3. Provide citations from the literature (medical journals, appropriate textbooks) to support your arguments.
4. As a comparative work, your paper does not require you to take a position on which model of care you prefer (see last assignment). In so far as is possible present a clear and unbiased review of the available data.

Assignment #4 Point Prescription, Eastern and Western data (Due: 11/19/19)

1. Work in groups of two or three
2. Select one of the following:
 - a. Lumbar pain with radicular neuropathy affecting the right posterior thigh
 - b. Chronic left-sided migraine (been going on for several years)
 - c. Chronic stress-related acid reflux
 - d. Cross-country skiing accident resulting in acute right-sided inflammation of the knee (happened only a day or two ago)
 - e. Ongoing anxiety, depression, insomnia and fatigue
 - f. Addiction control and withdrawal
3. Develop a treatment plan involving the acupuncture points and styles that you might use to address the symptoms of the condition that you choose.

4. Support your prescription choices with explanations of why each point is important in your therapy.
5. Provide a discussion of any adjunct Western therapies or imagery that you might recommend that would enhance your treatment approach.
6. Use the medical literature, textbooks, web-based sources. If you use web-based sources, explain in your citation page, why you consider the url provided to be a legitimate and accurate source of information.
7. Understand that I am not looking for a definitive answer here, so much as your ability to a) work together to find a plausible solution and b) create a case to defend your answer.
8. Make sure that all members of the team are listed in the title and authorship page. You wouldn't want to get a zero score for something that simple!

Assignment #5a SOAP Notes and Reflection on Client Intake (from observation last week) AND

Assignment #5b unedited client intake forms (SOAP notes) from today's activity.

(Due 11/26/19)

1. Both assignments will evaluate your observational and interpretive ability.
2. For **Assignment 5a**, take the notes from class and reflect upon what you saw, heard, felt and considered.
 - a. What aspects of the case do you think were missed entirely, mis-interpreted or mis-diagnosed?
 - b. What might you have done differently if you were the clinician?
 - c. What might you have wanted to know or ask if you were the client?
 - d. What aspects of the case did you understand and also not understand?
 - e. How did you *feel* about the case presentation, the practitioner-client interview process and their inter-personal dynamic?
 - f. How did you feel about the client?
 - g. How do you think the client was feeling?
 - h. Present a clean version of your SOAP notes from class and also a narrative summary/reflection.
3. For **Assignment 5b** you will simply be handing in your raw, unedited SOAP notes at the end of class.

Assignment #6 Clinic Report and Student Reflection on Client Treatment

(Due 12/10/19)

1. The final assignment will involve a complete clinical report and narrative personal reflection to include:
 - a. All relevant SOAP notes: intake data, physical assessments if done, vitals, treatment protocols, herbal support if suggested, imaging or blood tests to be done if requested, ongoing treatment plan if discussed.
 - b. Present all data given in the interview, treatment and post-treatment wrap-up.
 - c. The personal reflection will be similar to how you approached assignment 5a but will also include how your perspectives and understanding of TCM as a model of health care have changed since the beginning of the course.

- d. In the development of your reflection narrative, consider all aspects of the course and how your personal belief systems might have altered. Where appropriate use citations from the medical journals and textbooks.
- e. Consider the assignment to be a summary document that not only reviews the clinical presentation and treatment that you witnessed, but also presents your own thoughts and feelings relative to a) the clinical presentation and treatment, and b) TCM as a model of health care.