

**Traditional Chinese Medicine and Models of Health Care
University of Wyoming Honors College
Fall 2019**

INSTRUCTOR INFORMATION

Instructor: Chris Dewey PhD, MAcOM, LAc, DipOM
Class Meetings: Tuesday, 6:30 till 9:00 p.m., Guthrie House Room 106
E-Mail: chris@thirdpathway.com
Office Hours: Before and after class, by appointment
Phone: (662) 769-5522

I. COURSE DESCRIPTION

Traditional Chinese Medicine and Models of Health Care

Credits: 3-hour credit

Course Code: **HP 4152-05**

CRN: **17299**

Pre-requisites: Anatomy & Physiology

Together, we will examine Traditional Chinese Medicine as an integral component of contemporary models of health care. Students will learn from a practicing Chinese Medicine clinician about evidence-based practice, the theories of Traditional Chinese Medicine, its modalities including acupuncture, how TCM is used to treat disease, and the diagnostic tools we use in a clinical setting. Students will also participate in a typical client intake and observe a full acupuncture treatment. We will examine what it means to use Chinese Medicine in service of the consumer's journey to wellness. The nuanced and abstruse lexicon used by practitioners in any branch of health care, combined with the ways in which Eastern and Western care paradigms differ from each other, can be confusing and alienating to both practitioners and consumers alike. The course will help to dispel the confusion and division that can exist between seemingly different models of health care and demonstrate the value of integrated medicine to health, healing and wellness.

II. COURSE LEARNING OUTCOMES

1. Recognize the similarities and differences between Western and Eastern models of health care.
2. Recognize and appreciate the guiding principles of Chinese medical care.
3. Recognize the scientific basis, and evidence for, Chinese medicinal tools.
4. Acquire a basic understanding of the foundations of Traditional Chinese Medicine
5. Acquire a basic knowledge of acupuncture meridians and points.
6. Acquire a basic knowledge of styles of acupuncture.
7. Appreciate how the Chinese model of care is applied in a clinical setting.

	<ul style="list-style-type: none"> Western and Eastern Lexicon Clinical Application 	None
10/22/19	Acupuncture and Meridians 1 <ul style="list-style-type: none"> Meridians and their relationships Extraordinary vessels 'Extra' named points Point energetics 	Due Today: None
11/5/19	Acupuncture and Meridians 2 <ul style="list-style-type: none"> Five Shu points Command points Front Mu and Back Shu points Host and Guest points Trigger points/Ashi points 	Due Today: Paper: Specific Meridian Topic Eastern and Western data
11/12/19	Styles of Acupuncture <ul style="list-style-type: none"> Korean Four Needle Master Tan Master Tung Sankey Esoteric Auricular Scalp 	Due Today: None
11/19/19	SOAP Notes Diagnostic Tools <ul style="list-style-type: none"> Look, Listen, Smell, Ask Touch <ul style="list-style-type: none"> Tongue & Pulse Vitals Physical Assessment <u>Discussion</u> <ul style="list-style-type: none"> Eastern and Western Diagnosis <u>Demonstration</u> <ul style="list-style-type: none"> Client intake and questions 	Due Today: Paper: Point Prescription, Eastern and Western data
11/26/19	Reading Pathology Signs and Symptoms Languages of Medicine <u>Activity</u> <ul style="list-style-type: none"> Partner client intake and SOAP notes 	Due Today: Paper 1: SOAP Notes and Reflection on Client Intake (from observation last week) Paper 2: Hand in unedited client intake forms from today's activity.
12/3/19	Typical Acupuncture Treatment <u>Activities</u> <ul style="list-style-type: none"> Clinic Theater Client intake and treatment demonstration 	Due Today: None
12/10/19	Concluding Discussion	Due Today: Paper: Clinic Report and Student Reflection on Client Treatment

V. GRADING

All work must be submitted to the satisfaction of the instructor in order to pass the course.

A. Grade Structure

Course Grade will be determined by:

	% of overall grade
• Assignment 1	10
• Assignment 2	10
• Assignment 3	10
• Assignment 4	15
• Assignment 5a	15
• Assignment 5b	15
• Assignment 6	25
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Total	100%

<u>Percent Grade</u>	<u>Letter Grade</u>
90-100%	A Excellent
80-89%	B Very Good
70-79%	C Average
60-69%	D Below average to barely acceptable
59 and below	F Fail

B. Assignments

Instructions:

1. **All assignments must be submitted electronically (via email - to chris@thirdpathway.com) by 5.00pm on the day that they are due.** They will be considered late if they are not submitted on time.
2. Assignments lose a percentage of the assigned grade for each day they are late (up to 24 hours = 5% drop, 24.1-48 hours = 10% drop, 48.1 - 72 hours = 15% drop).
3. **IMPORTANT**: Please name your assignment submission as: TCM#Name (where the # is the assignment number, and your name is your first and last name). Example: **TCM1JaneDoe**
4. For each assignment at the beginning of the file (top of the first page for a Word/Excel/PDF file, or on the first slide for PowerPoint) include the assignment number, your name, and the date. Example:

Traditional Chinese Medicine & Models of Health Care - Assignment 1
Title
Jane Doe
Month, Day, Year

C. Group & Partner Work

Several times during the course we will break up into work groups and/or partner groups for discussions, assignments and class presentations. There are rules to working in the group:

1. Only constructive critiques of each other

2. Hold each other accountable
3. Pull your weight in the group
4. Build synergy, help each other to see what you don't see individually and to spark ideas for each other.

VI. CLASS ATTENDANCE

Students are expected to be on time and prepared for the day's class. Students should be familiar with the readings before coming to class. I encourage students to bring questions with them from their reading for class discussion. Furthermore, class participation is required, as is a courteous and polite manner.

Attendance is mandatory. Since this is a didactic course, a student may miss up to two, three-hour sessions. If a student misses more than is permissible, regardless of the reason, the final course grade will be lowered one letter. If a student misses more than 25 % of the scheduled classes, the student will be dropped from the course as of that date.

VII. COURSE PRACTICES and POLICIES

A. Academic Dishonesty Policies:

UW Regulation 2-114. Academic dishonesty will not be tolerated in this class. Cases of academic dishonesty will be treated in accordance with UW Regulation 2-114. The penalties for academic dishonesty can include, an "F" on an exam, an "F" on the class component exercise, and/or an "F" in the entire course. Academic dishonesty means anything that represents someone else's ideas as your own without attribution. It is intellectual theft – stealing - and includes (but is not limited to) unapproved assistance on examinations, plagiarism (use of any amount of another person's writings, blog posts, publications, and other materials without attributing that material to that person with citations), or fabrication of referenced information. Facilitation of another person's academic dishonesty is also considered academic dishonesty and will be treated identically.

UW Regulation 6-802. The University of Wyoming is built upon a strong foundation of integrity, respect and trust. All members of the university community have a responsibility to be honest and the right to expect honesty from others. Any form of academic dishonesty is unacceptable to our community and will not be tolerated. Teachers and students should report suspected violations of standards to the instructor, department head, or Dean. Other university regulations may be found at: <http://www.uwyo.edu/generalcounsel/new-regulatory-structure/index.html>.

Academic honesty and plagiarism has a special significance for students in the Honors College. Plagiarism, or representing others' work as your own, on any assignment, will not be tolerated. Students who plagiarize material will be failed from the course and reported to the Honors College Dean's Office and Vice Presidents of Student and Academic Affairs. If you find yourself stuck on an assignment or tempted to plagiarize, please see me and I will work with you to help you be successful.

B. Late Work Policy:

In rare emergency situations, students can turn in assignment after the time it is due. The final grade for any other late assignment will be docked at least one letter grade (see earlier instructions). No work will be accepted after the date of the final.

C. Electronic Submission Policy:

I encourage you to submit all assignments electronically via email. Electronic emergencies do not release you from the deadline for the assignment.

D. Email Communication Policy:

Contact outside of class. I am here to help you learn. If you have any concerns or questions, contact me at my clinical office, by email or phone (see page 1). I try to respond to all my emails and phone messages as soon as possible, within 24 hours.

E. Shared Responsibility for Learning:

Students are expected to be actively engaged with the learning process. Both instructor and students have responsibilities to be active participants in the learning that occurs.

F. Returning Papers and Assignments:

All papers will be returned, with comments and suggestions for improvement. You may resubmit any assignment for increased credit, but please note, just because you attend to all of the suggested comments, does not guarantee receiving 100% on the assignment. My comments are based on your original submission, and any new submission may still have room for improvement. If you have questions at any time, I encourage you to chat with me. My only goal is your success.

G. Use of Mobile Devices in Class:

Use of cellular phones, tablets, smart watches and laptop computers in the classroom should be strictly limited to the study of the subject matter. Any other uses of electronic devices including laptops such as, but not limited to, instant messaging, gaming, shopping and internet surfing during class time, are prohibited.

All the mobile devices must be silenced during the class. Talking on a cell phone or using text messaging during class time is prohibited. If a student has an emergency situation, the student is to speak with the instructor.

Since the course will, at times, involve HIPAA-protected content, the use of cameras and voice recording devices of any kind will NOT be allowed in class without the direct consent of the instructor/teacher.

The permitted recorded materials of this class, including the voice, image and video, are not allowed to be published without a written consent of the teacher of this class.

H. Classroom Statement on Diversity:

The University of Wyoming values an educational environment that is diverse, equitable, and inclusive. The diversity that students and faculty bring to class, including age, country of origin, culture, disability, economic class, ethnicity, gender identity, immigration status, linguistic, political affiliation, race, religion, sexual orientation, veteran status, worldview, and other social and cultural diversity is valued, respected, and considered a resource for learning.

I. Disability Support:

The University of Wyoming is committed to providing equitable access to learning opportunities for all students. If you have a disability, including but not limited to physical, learning, sensory or psychological disabilities, and would like to request accommodations in this course due to your disability, please register with and provide documentation of your disability as soon as possible to Disability Support Services (DSS), Room 128 Knight Hall. You may also contact DSS at (307) 766-3073 or udss@uwyo.edu. It is in the student's

best interest to request accommodations within the first week of classes, understanding that accommodations are not retroactive. Visit the DSS website for more information at: www.uwyo.edu/udss"

J. Duty to Report:

UW faculty are committed to supporting students and upholding the University's non-discrimination policy. Under Title IX, discrimination based upon sex and gender is prohibited. If you experience an incident of sex- or gender-based discrimination, sexual harassment, or sexual assault, please know that you do not have to go through the experience alone. Moreover, we encourage you to report it. While you may talk to a faculty member, understand that as a "Responsible Employee" of the University, the faculty member MUST report information you share about the incident to the university's Title IX Coordinator (you may choose whether you or anyone involved is identified by name). If you would like to speak with someone who may be able to afford you privacy or confidentiality, there are people who can meet with you. Faculty can help direct you or you may find info about UW policy and resources at <http://www.uwyo.edu/reportit>

If you would like to talk to those offices directly, you can contact Equal Opportunity Report and Response (Bureau of Mines Room 319, 766-5200, report-it@uwyo.edu, www.uwyo.edu/reportit). Additionally, you can also report incidents or complaints to the UW Police Department. You can also get support at the STOP Violence program (stopviolence@uwyo.edu, www.uwyo.edu/stop, 766-3296) (or SAFE Project (www.safeproject.org, campus@safeproject.org, 766-3434, 24-Hour hotline: 745-3556).